



How to Use a Garbage Disposal

A garbage disposal is one of those appliances that most people don't think about very often-but what a hard worker this powerful tool is. Here's how to use it properly and safely.

1. Turn on the cold water
2. Turn on the garbage disposal
3. Feed the disposal a little at a time.

Always scrape your plates clean in the trash.

Put as little in the disposal as possible.

Run the disposal daily to keep in good working order.

The disposal is designed to be used for what little items are missed and what is imported from the dishwasher.

4. Take care to keep utensils and your hands out of the drain.
5. Let the food clear the disposal-you can hear when it's clear.
6. Turn the disposal off.
7. Let the water run for 15-30 seconds more to flush the pipes.
8. Turn the water off.

Tips & Warnings

- ✓ ~~Don't be afraid to put bones and other hard things into the disposal. It's made for that and the extra roughage is good for it.~~
- ✓ ~~Toss some citrus peels in once in a while to keep the disposal smelling good.~~

NEVER do this. Never put bones and peels in the disposal.

- ✓ Run the disposal after draining the dish water.
- ✓ Corn husks and other high-fiber items shouldn't be put into the disposal as they may clog the drain. Also coffee grounds should never be put in the disposal.
- ✓ Garbage disposals are dangerous. Keep your hands far from moving parts.